Arizona State University Club Cheer

2018-2019

Tryout Packet

Checklist

- Tryout Application/ A recent photograph
- Cheerleading Agreement (Attached)
- $40 tryout fee, CASH ONLY
- Arizona Element waiver form (Attached)

Please bring all the above to in- person tryout dates

Date and Time- Sunday April 22nd from 8:00-10:30 AM, Check in 8:00-8:30.

*** Video Tryouts must be sent in with all paperwork and cash fee, no later than April 23rd, 2018 to:

221 E Willis Rd. #5
Chandler, AZ, 85286

Videos must be sent in via DVD, Youtube link, emailed to sundevilcheer@hotmail.com or on a flash drive. Video must contain the following material:

- Standing Tuck or Standing Back Handspring, 3 Times each, to show consistency
- Running Round Off Back Handspring Highest Skill
- Standing 2 Back Handsprings to Highest Skill
- Any specialty passes that you might have from standing or running tumbling
- 3 Connected Jumps to Back Handspring or Back Tuck
- Demonstration of your flying or basing skills
- Approximately 30 Second video answering one of the following questions
  - What three characteristics do you feel are most important for cheerleaders to possess?
  - Why are you trying out for the team?
  - Describe a time when you had a conflict with a teammate. How did you handle it?

Location- Tryouts will be held at Arizona Element Elite East at 221 E Willis Rd. #5 Chandler, AZ, 85286.

Who is eligible to try out?

- High school seniors
- Undergraduate or graduate transfer students with proof of admission to ASU
- Full-time undergraduate or graduate ASU students in good academic standing with the University
**Format of tryouts**- We will be focusing on all aspects of cheer (stunting, tumbling, jumps, etc.), as well as how you work in a group setting with others. We will use this time to see how well you take corrections and how quickly you learn counts of tumbling/stunt sequences. THERE WILL BE ABSOLUTELY NO SPOTTING TUMBLING AT TRYOUTS, BY ANYONE. We are looking for polished and consistent skills at tryouts.

**Time commitment**- All cheerleaders are expected to be at every practice unless excused by the Head Coach (details in cheerleader agreement). Currently practices are Tuesdays and Thursdays 8:30pm-10:30pm at Arizona Element; this may eventually change but it will remain within a similar timeframe. There may also be additional weekend practices as competition becomes closer.

**Tryout Attire**- Please wear all black athletic shorts and shirt/sports bra, and cheer shoes. Hair must be up in a ponytail with a bow, no jewelry, no fake nails; NO EXCEPTIONS!

*All potential cheerleaders are expected to portray a collegiate image when trying out for ASU. Body piercings and jewelry of any kind, extreme hairstyles and/or colors are not acceptable at tryouts or during the year as an ASU Cheerleader. All cheer candidates must remove all piercings and other jewelry prior to arrival at tryouts.*

**Preferred skills for tryout**: These skills are highly preferred but not mandatory

**Standing Tumbling:**
- Standing back tuck
- Jumps to back handspring/back tuck
- 2 standing back handsprings to back tuck

**Running Tumbling:**
- Specialty pass through to tuck
- RO BHS layout or higher
Tryout Application

(Please Print Clearly)

Name:________________________________________

Email:_________________________________________________________________________

Date of birth:_________________________ Phone number:____________________________

Circle one: Freshman    Sophomore    Junior    Senior    Other:________________________

Local Emergency Contact:________________________________________________________

Other Emergency Contact:________________________________________________________

Please circle ALL stunting positions that apply:

Main Base    Secondary Base    Flyer    Backspot

Please list ALL cheer/gymnastics experience that applies:

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Please list consistent running & standing tumbling skills:

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Please list consistent stunting skills:

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Please list any and all major injuries/health problems:

______________________________________________________________________________
______________________________________________________________________________
ASU Cheerleading Application Agreement

(Please Print Clearly)

I, ________________________________, submit this application to the ASU Cheer Program for a position on the Club Competition Cheerleading Team. For the 2017-2018 year, my academic classification will be ___________________________. By submitting this application, I understand and agree to the following:

• I will be an ASU student, taking a minimum of 9 undergraduate or graduate credit hours at Arizona State University for the entire 2017-2018 fall and spring semesters.
• I must maintain a 2.0 GPA and will hereby release my academic transcripts to the Sports Club Association.
• I understand that I must be in good standing with Arizona State University or my high school and not on any type of academic or disciplinary probation.
• If selected, I understand that I am required to be covered by personal primary medical insurance throughout my time as an ASU Cheerleader.
• I have no health or physical defects, which would hinder my ability to perform as an ASU Cheerleader or which might cause performing as an ASU Cheerleader to be unsafe to my health or the health and wellbeing of my team mates.
• The physical demands of being an ASU Cheerleader require that I maintain a high level of physical fitness and that I pass a complete physical examination administered by my physician or a physician at ASU.
• If selected and I accept a cheer team position, I understand I will be required to attend all scheduled practices, classes, performances, summer camps, events, competitions, team meetings, parades, and other functions or duties designated by the Sports Club Association and Coaches.
• I understand I am agreeing to a FULL YEAR commitment (fall AND spring semesters and summer obligations).
• Being an ASU Cheerleader is a major personal commitment of my non-academic time and cannot be placed secondary to any other non-academic activity. I understand that, with the exception of academics, my commitment to the ASU Cheer Program takes FIRST priority over all other activities (sorority, fraternity, clubs, organizations, work, etc.) Furthermore, I understand the last minute appearances/events may arise and cheerleaders must be present.
• I am responsible for the care and upkeep of all components of the cheerleading uniform.
• The ASU Cheerleaders play an important role in representing the university and its club sports program. As such, I will always know that I am an official representative of Arizona State University, its students, faculty, staff, alumni, and cheer program. I will always conduct myself in a manner to uphold that character, tradition, integrity, and spirit of Arizona State University.
• I agree to follow all safety guidelines deemed necessary by the coaches and AACCA. I understand that I must maintain an email account and check it DAILY.
• I understand that I must obtain a note from family or school physician to be excused from any assigned function, unless approved in advance by the coaches.
• I understand and accept that failure to meet any of the requirements listed above will result in my disqualification from consideration for a position.
• I accept and understand that the decisions of the judges/coaches will be final.

____________________________________  ______________________________
Sign & Print Name                      Date
Cheerleader’s Personal Information

First Name: ____________________________________

Last Name: ____________________________________

Street Address City/State/ZIP __________________________________________

________________________________________________

Date of Birth: ______________________

Gender: __________

Cheerleaders Cell

Home Phone #: __________________________

Mothers Primary Phone #: __________________________

Mothers E-Mail Address: __________________________

Fathers Primary Phone #: __________________________

Fathers E-Mail Address: __________________________

Are there any issues regarding restrictions as to pick up or visitation by either parent? □YES

□NO If Yes:

________________________________________________________________

Parent/Guardian Signature:

________________________________________________________________

Parent/Guardian Name (Print):

________________________________________________________________

Cheerleaders Name:
INFORMED CONSENT AND ACKNOWLEDGEMENT AGREEMENT

I/We________________________________________, parent(s)/guardian(s) of ____________________________________________, who is attending High School Cheer training classes at Arizona Element Elite Cheer, give our consent for such participation by our son/daughter. We understand that our son/daughter is required to be in good physical shape and condition to participate at a 100% physical level and that the activities, which he/she will be asked and expected to participate in, are strenuous and require physical and athletic agility and endurance. I/We fully understand that these activities include, but are not limited to a variety of gymnastic routines, that there will be a variety of mounts, dismounts and stunts requiring the coordination of more than one participant on the squad and furthermore, these activities include weather conditions including heat, sun and rain. I/We fully understand that cheerleading is a sport in which the risk of injury is high; that any one of the routines involving our son/daughter’s participation in cheerleading activities in general could lead to serious injury, including partial or total paralysis, even death. We have also discussed this with our child and among ourselves. Despite this understanding of the possibility of serious or catastrophic injury or death and the risks involved, we still consent to the participation of this sport by our son/daughter. We represent to you that, to the best of our knowledge and belief, our son/daughter has no physical, medical or mental disability or other limitation that would restrict his/her ability to fully participate in this activity on a daily basis as described and explained to us. We agree to, and by the signing of this agreement, release the coaches, assistant coaches, volunteers and staff of Arizona Element Elite Cheer a RMRM LLC company, from any claim of negligence by ourselves, our son/daughter, our heirs, executors and assigns, from any liability arising from claims for damages for injury to our son/daughter and any claims for loss of or damage to his/her
property which may arise out of his/her participation in the Arizona Element Elite Cheer program. In witness whereof, I/we have affixed our signature to this agreement this _____ day of _____, ______ Arizona Element Elite Cheer, Peoria, AZ 85382

Parent/guardian signature__________________________________________

Date ______________________

Parent/guardian signature__________________________________________

Date____________________